

DATES FOR YOUR DIARY



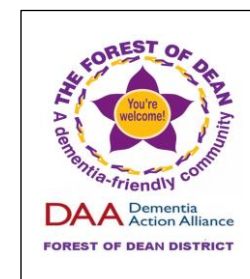
COMMUNITY EVENTS COLATED BY THE FOREST OF DEAN DEMENTIA ACTION ALLIANCE

DEC	MONTHLY EVENTS	LOCATION	RING
	WARMSPACE		
	CINDERFORD LIBRARY	Belle Vue Road CINDERFORD	GL14 2BZ
	COLEFORD LIBRARY	COLEFORD The Main Place Old Station Rd.	GL16 8RH
	LYDNEY LIBRARY	Hill Street LYDNEY	GL15 5HW
	MITCHELDEAN LIBRARY	MITCHELDEAN	GL17 0HN
	NEWENT LIBRARY	High Street NEWENT	GL18 1AN
	SALVATION ARMY	LITTLEDEAN URC Chapel Broad St	GL14 3NH
	10.00 CHRISTMAS CRAFT FAIR	Harts Barn Craft Centre LONGHOPE	GL17 0QD 01452 831719
	6.00 CHRISTMAS LIGHTS	COLEFORD The Clocktower	GL16 8
	7.00 TORCHLIGHT CAROL SERVICE	Tintern Abbey TINTERN	NP16 6SE 0300 0252239
SAT/SUN	10.00-4.00 CHRISTMAS MARKET	LYDNEY Taurus Craft The Old Deer Park	GL15 6BU 01594 844841
	10.00 CHRISTMAS TREE FESTIVAL	The Parish Church WESTBURY ON SEVERN	GL14 1PD
	10.00-4.00 NATIVITY EXHIBITION	HEWELSFIELD The Parish Church	GL15 6UH 01594 533524
	11.00-4.00 ART & CRAFT MARKET	The Assembly Rooms ST BRIAVELS	GL15 6TG

SUN 3RD	12.00 COMMUNITY LUNCH	Sedbury Space SEDBURY	NP16 7AG	07522 178639
	3.00 CHRISTMAS TUNES & CAROLS	PARKEND The Memorial Hall	GL15 4JF	07964 417495
	7.00 CHRISTMAS CONCERT	Leisure Centre CHEPSTOW	NP16 5LR	01633 644800
MON 4th	11.00-2.00 CARERS CAFE	CINDERFORD @ Candi 31 Market Street	GL14 2RT	07971 303958
	11.30 VIRTUAL MEMORY CAFÉ	gloucestershire@alzheimers.org.uk	ZOOM	07784 298689
	2.00 SINGING FOR THE BRAIN	The Main Place Old Station Rd COLEFORD	GL16 8RH	01452 525222
TUE 5th	2.00-4.00 MEMORY CAFÉ	COLEFORD The Baptist Church Hall	GL16 8AJ	07391 099169
	10.00 COMMUNITY HUB	Sedbury & Beachley Village Hall SEDBURY	NP16 7AG	
WED 6th	10.00-1.00 COFFEE CLUB	CINDERFORD THE WESLEY 7 Belle Vue Rd	GL14 2AA	
	10.30 MUSIC MEMORY CAFÉ	The Main Place Old Station Rd COLEFORD	GL16 8RH	07391 099169
	2.00-3.30 MEMORY CAFÉ	SEDBURY Sedbury & Beachley Village Hall	NP16 7AG	07522 178639
THU 7th	10.30-12.30 COFFEE MORNING	Great Oaks Hospice COLEFORD	GL16 8QE	01594 841964
	10.30 PARKINSON'S CAFÉ	LITTLEDEAN Belfry Hotel Broad St	GL14 3JS	01594 827858
	PARISH LUNCH (over 50's)	The Christian Centre WOODCROFT	NP16 7PZ	07369 226546
FRI 8th	1.30-3.30 LINKING LIVES SOCIAL	BREAM St James Community Hall	GL15 6HB	01452 762850
	10.00 CHRISTMAS COFFEE MORNING	Memorial Hall AYLBURTON	GL15 6DL	01594 841732
	12.00 MINDSONG @ AZALEA	LYDNEY Nass Lane Community Centre	GL15 5AT	01452 302542
	7.00 CHRISTMAS CELEBRATION	St Mary's Church Church Road LYDNEY	GL15 5TL	07730 896844
	7.30 A FEAST OF CHRISTMAS MUSIC	ENGLISH BICKNOR The Village Hall	GL16 7PA	07989 331189
	6pm CHRISTMAS LANTERN PARADE	Taurus Craft The Old Deer Park LYDNEY	GL15 6BU	01594 844841
SAT 9th	10.00 CHRISTMAS MARKET	CINDERFORD The Triangle	GL14	07815 634905
	7.00 CENTENARY CONCERT	Dean Magna School MITCHELDEAN	GL17 0DU	01594 860944
	1.00 CROSSROADS EXTRAVAGANZA	CINDERFORD The Wesley Belle Vue Road	GL14 2LJ	01594 823414

SAT/SUN	10.00-4.00 CHRISTMAS MARKET	Taurus Craft The Old Deer Park LYDNEY	GL15 6BU	01594 844841
MON 11TH	11.00 SING 2 REMEMBER	LYDNEY Nass Lane Community Centre	GL15 5AT	01452 302542
TUE 12th	2.00 MEMORY CAFÉ	The Baptist Church Hall COLEFORD	GL16 8AJ	07391 099169
WED 13th	10.00-1.00 CARER CAFÉ	COLEFORD Bicky's Cafe	GL16 8RG	07971 303958
	10.30 MEMORY CAFÉ	St James Community Hall BREAM	GL15 6HB	07907 024004
	10.30 MUSIC MEMORY CAFÉ	LYDNEY The Old Town Hall Station Road	GL15 5DY	07790 560887
	11.00 COMMUNITY AGENT DROP IN	Rising Sun Community Pub WOODGROFT	NP16 7HY	07927 051328
	2.00 MEMORY CAFÉ	LYDNEY The Community Centre Naas Lane	GL15 5AT	07976 829971
	2.00-3.30 SOFT EXERCISE	Sedbury & Beachley Village Hall SEDBURY	NP16 7AG	
	7.15 CHRISTMAS CONCERT	DRYBROOK The Drybrook Social Club	GL	01594 543794
THU 14th	10.30 COFFEE MORNING	St Mary's Church Station Road LYDNEY	GL15 5TL	01594 842321
	12.30-2.30 CARERS CONNECT	CINDERFORD CANDI 31 Market Street	GL14 2RT	07749 686457
FRI 15th	12.30 LUNCHEON CLUB	St James Community Hall BREAM	GL15 6HB	01594 562985
	HAPPY CRAFTERS	SEDBURY Sedbury & Beachley Village Hall	NP16 7AG	
SAT 16th	CHRISTMAS FAYRE	The Forge Centre CINDERFORD	GL14 2LJ	01594 827711
	10.00 FARMERS MARKET	WOOLASTON Memorial Hall Swains Field	GL15 6SU	01594 529523
	3.00 CHRISTMAS @ the play area	Village Play Area Mill Hill BROCKWEIR	NP16 7NW	
	7.00 CHRISTMAS CONCERT	CINDERFORD The Wesley Belle Vue Road	GL14 2LJ	07815 634905
SAT/SUN	10.00-4.00 CHRISTMAS MARKET	Taurus Craft The Old Deer Park LYDNEY	GL15 6BU	01594 844841
SUN 17TH	4.00 CAROLS BY CANDLELIGHT	CINDERFORD Forest Community Church	GL14 2LY	
MON 18TH	11.30 VIRTUAL MEMORY CAFÉ	gloucestershire@alzheimers.org.uk	ZOOM	07784 298689
	2.00 SINGING FOR THE BRAIN	COLEFORD The Main Place Old Station Rd	GL16 8RH	01452 525222

TUE 19TH	ACTIVE GAMES	The Baptist Church Hall COLEFORD	GL16 8AJ	01452 245771
	4.00-5.30 CAMPFIRE CAROLS	VINEY HILL The Christian Adventure Centre	GL15 4NA	01594 516162
WED 20TH	10.30 MUSIC MEMORY CAFÉ	The Assembly Rooms ST BRIAVELS	GL15 6TG	07966 627840
	10.30 LGBTQIA+ DROP IN	COLEFORD The Main Place Old Station Rd	GL16 8RH	01452 317460
	10.30 GREATOAKS DROP IN	Four Seasons Café Bathurst Park LYDNEY	GL15	
	10.30 MUSIC MEMORY CAFÉ	ST BRIAVELS The Assembly Rooms	GL15 6TG	07966 627840
	12.00 MENTAL HEALTH DROP IN	The Main Place Old Station Rd COLEFORD	GL16 8RH	01452 317460
THU 21ST	10.30 GENTLE SENSORY WALK	LYDBROOK Orchard Trust Upper Stowfield	GL17 9PP	01594 860615
	11.00-12.00 COFFEE MORNING	Rising Sun Community Pub WOODGROFT	NP16 7HY	01291 630888
FRI 22ND	12.00 MINDSONG @ AZALEA	LYDNEY Nass Lane Community Centre	GL15 5AT	01452 302542
	2.00 SOFT EXERCISE @ W M G	Memorial Hall Swains Field WOOLASTON	GL15 6SU	01594 529523
ON 25th	FREE CHRISTMAS DAY DINNER	SEDBURY Sedbury & Beachley Village Hall	NP16 7AG	07522 178639
WED 27TH	10.30 MUSIC MEMORY CAFÉ	The Old Town Hall LYDNEY	GL15	07790 560887
THU 28th	CROSSROADS CARE DOG DAY	BERRY HILL The Rugby Club	GL16 7QU	07790 560887
SUN 31ST	NEW YEAR'S PARTY	The Gurka Brookend WOOLASTON	GL15 6PW	01594 529222



WEEKLY EVENTS		LOCATION		RING
MONDAY	10.00-12.00 COMMUNITY HUB	Memorial Hall 45 Ruspidge Rd RUSPIDGE	GL14 3AE	07494 267441
	10.00-6.00 COMMUNITY HUB	NEWENT Chill Out Zone 36 Broad Street	GL18 1AJ	07581 312585
	10.30 COMMUNITY WALK	Meet @ Foxes Bridge Ct CINDERFORD	GL14 2LJ	01594 825314
	10.30 MENS CLUB	NEWENT Sheppard House Onslow Road	GL18 1TL	01531 821227
	10.30 COMMUNITY WALK	Meet @ Crown Lane PARKEND	GL15 4JE	01594 562541
	10.30 ACTIVE BALANCE	WOOLASTON Memorial Hall Swains Field	GL15 6SU	01549 812447
	11.00-2.30 CANDI LUNCH CLUB	31 Market Street CINDERFORD	GL14 2RT	07749 686457
	11.00 COMMUNITY HUB	COLEFORD Sixteen Community Cafe	GL16 6BA	01594 835954
	12.00 FRIENDSHIP GROUP	Various Locations around the Forest Julie		07790 560887
	2.00 GENTLE EXERCISE	Sedbury & Beachley Village Hall SEDBURY	NP16 7AG	07522 178639
	2.00 FRIENDSHIP CLUB	BREAM West Dean Centre	GL15 6JW	01594 563456
	2.30 BINGO	Goode Court Bream Road LYDNEY	GL15 5JP	07019 24572
MON-THU	10.00-3.30 DAY CARE FOR (55+)	NEWENT Sheppard House Onslow Road	GL18 1TL	01531 821227
MON-FRI	9.00-4.30 MANAGING MEMORY	Ring Sarah Davies for Dementia Advice		08006 948800
	GLOUCESTERSHIRE DEMENTIA ADVICE SERVICE		ALZHEIMER'S SOCIETY	01452 525222
	9.00-5.00 ORCHARD TRUST	The Smallholding LOWER LYDBROOK	GL16 7BX	01594 839106
	10.00-12.00 COMMUNITY FRIDGE	BREAM St James Community Hall	GL15 6ES	01594 562985
	10.00-2.00 BROADWELL CAFÉ	Salvation Army 43 North Rd BROADWELL	GL16 7BX	01594 839106
	COMMUNITY CAFE	CHILL OUT 36 Broad St NEWENT	GL18 1AJ	
MON-SAT	9.00-3.00 COMMUNITY CAFE	COLEFORD Sixteen 16 Bank Street	GL16 8BA	01594 835954

TUESDAY	11.00-2.00 DIVERSE LEAP	CINDERFORD @ Candi 31 Market Street	GL14 2RT	07749 686457
	12.00 MIXED SKITTLES	Rugby Club Dockham Rd CINDERFORD	GL14 2AG	07790 560887
	12.00 LUNCH CLUB	LYDNEY The Victoria Centre	GL15 5DG	01594 843418
	12.30-2.30 FSS LUNCH CLUB	The Forge Centre Valley Rd CINDERFORD	GL14 2LJ	01594 827711
	2.00 CLUB CONNECT	BROADWELL Football Club	GL16 7BE	01594 812447
	2.00 COMMUNITY WALK	Meet @ Assembly Rooms ST BRIAVELS	GL15 6TG	01594 530890
	2.00-4.00 EVERGREENS	LONGHOPE Latchen Rooms	GL17 0QE	01452 830924
	2.30 INDOOR SOFT BOWLS	Goode Court Bream Road LYDNEY	GL15 5JP	03701924572
	3.00 SINGING FOR THE BRAIN	ONLINE Forest-wide for one hour	ZOOM	07784 298689
	3.30 LYDNEY YOUNG at HEART	Freedom Leisure Centre LYDNEY	GL15 5DZ	07831 713185
Tu We Th	9.30-2.30 ACTIVE LIVING	CINDERFORD The Wesley Belle Vue Road	GL14 2LJ	01594 823414
TUE+THU	3.00-5.00 WARMSPACE FREE TEA	The Taurus Craft Centre LYDNEY	GL15 6BU	01594 844841
WED	10.00 COMMUNITY HUB	LYDNEY The Taurus Craft Centre	GL15 6BU	01594 822073
	10.00 COMMUNITY WALK	Meet @ Village Hall HARTBURY	GL19 3BJ	01452 700707
	10.00 COFFEE & CAKE	PRIMROSE HILL Holy Trinity Church	GL15 5SL	01594 842321
	10.00-12.00 COMMUNITY CAFE	The Clubhouse Milestone Walk SLING	GL16 8JD	07580135868
	10.00-1.00 WOMEN'S SPACE	candi CINDERFORD 31 Market Street	GL14 2RT	07749 686457
	10.00-1.00 COFFEE CLUB	THE WESLEY 7 Belle Vue Rd CINDERFORD	GL14 2AA	
	10.30 COMMUNITY WALK	YORKLEY Meet @ Community Centre	GL15 4RS	01594 562468
	10.30 PARKINSONS EXERCISE	The Memorial Hall ALVINGTON	GL15 6BN	01594 529287
	11.30 LUNCH CLUB	LYDNEY The Victoria Centre	GL15 5DG	01594 843418
	GENTS PUB LUNCH	TELEPHONE FOR Location Julie Kingston		07790 560887
	1.30-3.30 HANDBELL RINGING	The Forge Centre Valley Rd CINDERFORD	GL14 2LJ	01594 827711

WED	2.00-3.30 SOFT EVERCISE	SEDBURY Sedbury & Beachley Village Hall	NP16 7AG	
	2.30-4.00 BERRY HILL OVER 60	Memorial Institute Park Rd BERRY HILL	GL16 7QU	01594 810316
WED+THU	10.00-3.00 COMMUNITY SHED	LOWER LYDBROOK Orchard Trust	GL17 9PD	01594 780170
WED+SAT	COMMUNITY HUB	The Swan Centre STAUNTON & CORSE	GL19 3 QA	01452 840323
	10.00-6.00 COMMUNITY HUB	NEWENT Chill Out 36 Broad Street	GL18 1AJ	07581 312585
THURS	10.00 COMMUNITY WALK	Meet @ Sheila's Shop SEDBURY	NP16 7AA	07738 759190
	10.00 COMMUNITY WALK	NEWENT fodcommunitywalks@outlook.com		07881338476
	10.15 COMMUNITY WALK	Meet @ Bathurst Park LYDNEY	GL15 5HG	01594 841964
	10.30 MENTAL HEALTH DROP IN	CINDERFORD candi 31 Market Street	GL14 2RT	01452 317460
	10.45 COFFEE MORNING	The Community Centre LYDNEY	GL15 5AT	07504 565153
	11.00 COFFEE MORNING	LYDNEY Goode Court Bream Road	GL15 5JP	03701924572
	12.00 LUNCH CLUB	The Victoria Centre LYDNEY	GL15 5DG	01594 843418
	LADIES LUNCH CLUB	Julie Kingston For Location		07790 560887
	2.00 MEMORY CAFÉ	Memorial Hall Swains Field WOOLASTON	GL15 6SU	07753 270684
	2.00 COMMUNITY HUB	NEWENT Chill Out Zone	GL18 1AJ	01537 823753
	8.00 CHRISTMAS SHOOPING	Teri Chance Boutique Marina BP LYDNEY	GL15 5ET	07771 634404
FRIDAY	10.00 COMMUNITY CAFÉ	BREAM West Dean Centre	GL15 6JW	01594 564484
	10.00 COMMUNITY WALK	Meet @ West Dean Centre BREAM	GL15 6JW	01594 562822
	10.00-3.00 AZALEA CLUB	LYDNEY Nass Lane Community Centre	GL15 5AT	01452 302542
	10.30 COMMUNITY WALK	Meet @ Clock Tower COLEFORD	GL16 8RH	07967 046159
	10.30 COMMUNITY WALK	LYDBROOK Meet @ The Baptist Church	GL17 9NA	07980 820103
	10.30-12.00 COMPUTER CAFE	Nass Lane Community Centre LYDNEY	GL15 5AT	07504 565153
	11.00-4.00 THE CAFE	YORKLEY @ The Centre Bailey Hill	GL15 4RS	01594 560190

FRIDAY	12.00-4.00 COFFEE AFTERNOON	St Stephen's Church CINDERFORD	GL14 2AA	07540775179
	CROSSROADS CARE LUNCHES	VARIOUS LOCATIONS	Julie	07790 560887
FRI&SAT	5.30-10.30 COMMUNITY HUB	STAUNTON & CORSE The Swan Centre	GL19 3QA	01452 840323
SAT	10.00-12.00 SATURDAY CAFE	St Peters Church NEWNHAM	GL14 1AD	01594 516450
SAT&SUN	10.00-4.00 CHRISTMAS MARKET	LYDNEY Taurus Craft The Old Deer Park	GL15 6BU	01594 844841
SUNDAY	12.00-3.00 UKRAINE HUB	The Assembly Rooms ST BRIAVELS	GL15 6TG	07971 811115



[The Royal British Legion Admiral Nurse service](#)

The Royal British Legion Admiral Nurse service offers specialist support & advice to families caring for people living with dementia. The service aims to help family carers gain the skills needed to assist with their loved one's care and promotes a positive approach to living well with dementia. As registered nurses specialising in dementia, Admiral Nurses help carers improve their quality of life, which in turn improves the life of the person they're caring for, and the wider family too. Every circumstance is different, and our service provision reflects that. Depending on assessed need, families can access help in a variety of ways including telephone or face to face support, and through clinics attached to RBL care homes and other venues. We work with Dementia UK, a national charity focused on supporting carers of people living with dementia.

0808 802 8080 Our lines are open 8am-8pm, Monday to Sunday email us on ANSupport@britishlegion.org.uk