

DATES FOR YOUR DIARY

COMMUNITY EVENTS COLATED BY THE FOREST OF DEAN DEMENTIA ACTION ALLIANCE

SEPTEMBER 2023

MONTHLY EVENTS

LOCATION

RING

MON 4TH	2.00 SINGING FOR THE BRAIN	The Main Place COLEFORD	GL16 8RH	01452 525222
TUE 5TH	10.30 INDOOR ACTIVE GAMES	ST BRIAVELS The Assembly Rooms	GL15 6TG	01594 530890
WED 6TH	10.00-1.00 CARER CAFÉ	THE WESLEY 7 Belle Vue Rd CINDERFORD	GL14 2AA	07971 303958
	10.30-12.30 COFFEE MORNING	COLEFORD Great Oaks Hospice	GL16 8QE	01594 841964
	10.30 MUSIC MEMORY CAFÉ	The Main Place COLEFORD	GL16 8RH	07921 842407
	2.00 MEMORY CAFÉ	SEDBURY The Village Hall	NP16 7AG	07522 178639
THU 7TH	10.30 PARKINSON'S CAFÉ	Belfry Hotel Broad St LITTLEDEAN	GL14 3JS	01594 827858
	PARISH LUNCH (over 50's)	WOODCROFT The Christian Centre	NP16 7PZ	07369 226546
SAT 9TH	11.00 POP-UP FARMERS MARKET	The Village Hall MINSTERWORTH	GL2 8JH	07546 497203
MON 11TH	11.30 VIRTUAL MEMORY CAFÉ	gloucestershire@alzheimers.org.uk	ZOOM	07784 298689
TIME CHANGE	2.00 SING 2 REMEMBER	LYDNEY The Community Centre	GL15 5AT	07966 627840
TUE 12th	2.00-4.00 MEMORY CAFÉ	The Baptist Church Hall COLEFORD	GL16 8AJ	07391 099169

WED 13th	10.00-1.00 CARER CAFÉ	COLEFORD Bicky's Cafe	GL16 8RG	07971 303958
	10.30 MEMORY CAFÉ	St James Community Hall BREAM	GL15 6HB	07907 024004
	10.30 MUSIC MEMORY CAFÉ	LYDNEY The Old Town Hall	GL15 5DY	07790 560887
	2.00 MEMORY CAFÉ	The Community Centre LYDNEY	GL15 5AT	07976 829971
NEW	5.00 -7.30 FOD DEMENTIA CHOIR	COLEFORD The Baptist Church	GL16 8AJ	07971 555576
THU 14th	1.00-3.00 CARER CAFÉ	Doctors Surgery STAUNTON	GL19 3RB	07971 303958
MON 18th	2.00 SINGING FOR THE BRAIN	The Main Place COLEFORD	GL16 8RH	07784 298689
TUE 19th	10.30 INDOOR ACTIVE GAMES	ST BRIAVELS The Assembly Rooms	GL15 6TG	01594 530950
WED 20th	10.00-12.00 GRAND OPENING	Orchard Trust Upper Stowfield LYDBROOK	GL17 9PP	01594 860615
	10.30 MUSIC MEMORY CAFÉ	ST BRIAVELS The Assembly Rooms	GL15 6TG	07966 627840
	12.30-2.30 FAMILY FUN DAY	St James Community Hall BREAM	GL15 6HB	07854 064249
THU 21ST	10.30 COFFEE MORNING	LYDNEY St Mary's Church	GL15 5TL	01594 842321
MON 25th	11.30 VIRTUAL MEMORY CAFÉ	gloucestershire@alzheimers.org.uk	ZOOM	07784 298689
TIME CHANGE	2.00 SING 2 REMEMBER	The Community Centre LYDNEY	GL15 5AT	07966 627840
WED 27TH	10.30 MUSIC MEMORY CAFÉ	CINDERFORD The Wesley 7 Belle Vue Rd	GL14 2AA	07790 560887
NEW	5.00 -7.30 FOD DEMENTIA CHOIR	The Baptist Church COLEFORD	GL16 8AJ	07971 555576
THU 28TH	10.30 GENTLE SENSORY WALK	LYDBROOK Orchard Trust Upper Stowfield	GL17 9PP	01594 860615
	11.00-12.00 COFFEE MORNING	Rising Sun Community Pub WOODGROFT	NP16 7HY	01291 630888
SAT 30TH	10.00-1.00 FAMILY FUN DAY	CINDERFORD St Stephen's Belle Vue Rd	GL14 2AA	01594 822286



FOD DEMENTIA

SOFT LAUNCH 13TH SEPTEMBER (then fortnightly) The Baptist Church **COLEFORD GL16 8AJ **07971 555576****

WEEKLY EVENTS		LOCATION		RING
MON	10.00-12.00 4C For Carers	TELEPHONE Andy Morgan-Watts For Location		07931 842407
	10.00-12.00 COMMUNITY HUB	Memorial Hall 45 Ruspidge Rd RUSPIDGE	GL14 3AE	07494 267441
	10.30 COMMUNITY WALK	CINDERFORD Meet @ Foxes Bridge Ct	GL14 2LJ	01594 825314
	10.30 COMMUNITY WALK	Meet @ Crown Lane PARKEND	GL15 4JE	01594 562541
	10.30 ACTIVE BALANCE	WOOLASTON Village Hall	GL15 6SU	01549 812447
	11.00 COMMUNITY HUB	Sixteen Community Cafe COLEFORD	GL16 6BA	01594 835954
	12.00 FRIENDSHIP GROUP	Various Locations around the Forest Julie		07790 560887
	2.00 GENTLE EXERCISE	The Village Hall SEDBURY	NP16 7AG	07522 178639
	2.00 FRIENDSHIP CLUB	BREAM West Dean Centre	GL15 6JW	01594 563456
TUE	10.00 COMMUNITY HUB CAFÉ	The Sedbury Village Hall SEDBURY	NP16 7AG	07522 178639
	10.30 COMMUNITY WALK	MITCHELDEAN Meet @Well Wisher Café	GL17 0SL	07899 664916
	10.30 COURTYARD CAFÉ	The Assembly Rooms ST BRIAVELS	GL15 6TG	01594 530950
	10.30 COMMUNITY WALK	STAUNTON Village Hall	GL16 8NX	01594 562340
	11.00-2.00 DIVERSE LEAP	CANDI Drop-in Centre CINDERFORD	GL14 2RT	07776 355200
	12.00 MIXED SKITTLES	TELEPHONE Julie Kingston For Location		07790 560887
	12.00 LUNCH CLUB	The Victoria Centre LYDNEY	GL15 5DG	01594 843418
	2.00 CLUB CONNECT	BROADWELL Football Club	GL16 7BE	01594 812447
	2.00 COMMUNITY WALK	Meet @ Assembly Rooms ST BRIAVELS	GL15 6TG	01594 530890
	2.30 SOFT BOWLS	LYDNEY Goode Court	GL15 5JP	03701 924572

WED	10.00 COMMUNITY HUB	The Taurus Craft Centre LYDNEY	GL15 6BU	01594 822073
	10.00 COMMUNITY WALK	Meet @ HARTBURY Village Hall	GL19 3BJ	01452 700707
	10.00 COFFEE & CAKE	PRIMROSE HILL Holy Trinity Church	GL15 5SL	01594 842321
	10.30 COMMUNITY WALK	Meet @ YORKLEY Community Centre	GL15 4RS	01594 562468
	10.30 PARKINSONS EXERCISE	ALVINGTON The Memorial Hall	GL15 6BN	01594 529287
	10.30 COURTYARD CAFÉ	The Assembly Rooms ST BRIAVELS	GL15 6TG	01594 530950
	11.30 LUNCH CLUB	LYDNEY The Victoria Centre	GL15 5DG	01594 843418
	GENTS PUB LUNCH	Location TELEPHONE Julie Kingston		07790 560887
	1.00 FUN DAY	St James Community Hall BREAM	GL15 6HB	07854 064249
THUR	10.00 COMMUNITY WALK	SEDBURY Meet @ Sheila's Shop	NP16 7AA	07738 759190
	10.15 COMMUNITY WALK	Meet @ Bathurst Park LYDNEY	GL15 5HG	01594 841964
	10.30 COURTYARD CAFÉ	ST BRIAVELS The Assembly Rooms	GL15 6TG	01594 530950
	10.45 COFFEE MORNING	The Community Centre LYDNEY	GL15 5AT	07504 565153
	12.00 LUNCH CLUB	LYDNEY The Victoria Centre	GL15 5DG	01594 843418
	LADIES LUNCH CLUB	TELEPHONE Julie Kingston For Location		07790 560887
	2.00 MEMORY CAFÉ	Village Hall WOOLASTON	GL15 6SU	07753 270684
	2.00 COMMUNITY HUB	NEWENT Chill Out Zone	GL18 1AJ	01537 823753
FRI	10.00 COMMUNITY CAFÉ	West Dean Centre BREAM	GL15 6JW	01594 564484
	10.00-3.00 AZALEA CLUB	LYDNEY Community Centre	GL15 5AT	01452 302542
	10.00 COMMUNITY WALK	Meet @ West Dean Centre BREAM	GL15 6JW	01594 562822
	10.15 COMMUNITY WALK	COLEFORD Meet @ Clock Tower	GL16 8RH	07967 046159
	10.15 COMMUNITY WALK	Meet @ The Baptist Church LYDBROOK	GL17 9NA	07980 820103